

# Pool Schedule | Indoor | Length

Effective Date: January 4 - January 10

Maple Ridge Leisure Centre  
11925 Haney Place

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Length Swim</b> 7:00 AM - 8:00 AM COMP	<b>Length Swim</b> 6:00 AM - 7:15 AM COMP (4 Lanes)	<b>Length Swim</b> 6:00 AM - 7:15 AM COMP (4 Lanes)	<b>Length Swim</b> 6:00 AM - 7:15 AM COMP (4 Lanes)	<b>Length Swim</b> 6:00 AM - 7:15 AM COMP (4 Lanes)	<b>Length Swim</b> 6:00 AM - 7:15 AM COMP (4 Lanes)	<b>Length Swim</b> 7:00 AM - 8:00 AM COMP
<b>Length Swim</b> 8:00 AM - 11:30 AM COMP (2 Lanes)	<b>Length Swim</b> 7:15 AM - 3:00 PM COMP	<b>Length Swim</b> 8:00 AM - 11:30 AM COMP (2 Lanes)				
<b>Length Swim</b> 12:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Length Swim</b> 3:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Length Swim</b> 3:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Length Swim</b> 3:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Length Swim</b> 3:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Length Swim</b> 3:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Length Swim</b> 12:00 PM - 4:00 PM TEACH (2 Lanes)
<b>Length Swim</b> 4:00 PM - 6:00 PM COMP (3 Lanes)	<b>Length Swim</b> 4:00 PM - 8:00 PM COMP (2 Lanes)	<b>Length Swim</b> 4:00 PM - 8:00 PM COMP (2 Lanes)	<b>Length Swim</b> 4:00 PM - 8:00 PM COMP (2 Lanes)	<b>Length Swim</b> 4:00 PM - 8:00 PM COMP (2 Lanes)	<b>Length Swim</b> 4:00 PM - 8:00 PM COMP (2 Lanes)	<b>Length Swim</b> 4:00 PM - 6:00 PM COMP (3 Lanes)
<b>Length Swim</b> 7:00 PM - 8:00 PM TEACH	<b>Length Swim</b> 8:00 PM - 9:00 PM COMP	<b>Length Swim</b> 6:00 pm - 8:00 pm COMP				

# Pool Schedule | Indoor | Public

Effective Date: January 4 - January 10

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Public Swim</b> 7:00 AM - 8:00 PM LEISURE	<b>Public Swim</b> 6:00 AM - 9:00 PM LEISURE	<b>Public Swim</b> 6:00 AM - 9:00 PM LEISURE	<b>Public Swim</b> 6:00 AM - 9:00 PM LEISURE	<b>Public Swim</b> 6:00 AM - 9:00 PM LEISURE	<b>Public Swim</b> 6:00 AM - 9:00 PM LEISURE	<b>Public Swim</b> 7:00 AM - 8:00 PM LEISURE
<b>Public Swim</b> 8:00 AM - 10:00 AM TEACH	<b>Public Swim</b> 7:15 AM - 8:00 AM TEACH	<b>Public Swim</b> 7:15 AM - 9:00 AM TEACH	<b>Public Swim</b> 7:15 AM - 8:00 AM TEACH	<b>Public Swim</b> 7:15 AM - 9:00 AM TEACH	<b>Public Swim</b> 7:15 AM - 8:00 AM TEACH	<b>Public Swim</b> 7:00 AM - 12:00 PM TEACH
<b>Fun Swim</b> 12:00 PM - 3:30 PM COMP	<b>Public Swim</b> 9:00 AM - 10:30 AM TEACH	<b>Public Swim</b> 10:00 AM - 11:45 AM TEACH	<b>Public Swim</b> 9:00 AM - 11:45 AM TEACH	<b>Public Swim</b> 10:00 AM - 11:45 AM TEACH	<b>Public Swim</b> 9:00 AM - 10:30 AM TEACH	<b>Fun Swim</b> 12:00 PM - 3:30 PM COMP
<b>Public Swim</b> 12:00 PM - 4:00 PM TEACH (2 Lanes)	<b>Public Swim</b> 11:15 AM - 3:00 PM TEACH	<b>Public Swim</b> 12:45 PM - 3:00 PM TEACH	<b>Public Swim</b> 12:45 PM - 3:00 PM TEACH	<b>Public Swim</b> 12:45 PM - 3:00 PM TEACH	<b>Public Swim</b> 11:15 AM - 3:00 PM TEACH	<b>Public Swim</b> 12:00 PM - 4:00 PM TEACH (2 Lanes)
	<b>Public Swim</b> 4:00 PM - 7:00 PM TEACH	<b>Public Swim</b> 4:00 PM - 6:00 PM TEACH	<b>Public Swim</b> 4:00 PM - 7:00 PM TEACH	<b>Public Swim</b> 4:00 PM - 7:00 PM TEACH	<b>Public Swim</b> 4:00 PM - 9:00 PM TEACH	<b>Public Swim</b> 7:00 PM - 8:00 PM TEACH

# Pool Schedule | Indoor | Amenities

Effective Date: January 4 - January 10

Maple Ridge Leisure Centre  
11925 Haney Place



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Sauna/Steam</b> 7:00 AM - 8:00 PM	<b>Sauna/Steam</b> 6:00 AM - 9:00 PM	<b>Sauna/Steam</b> 6:00 AM - 9:00 PM	<b>Sauna/Steam</b> 6:00 AM - 9:00 PM	<b>Sauna/Steam</b> 6:00 AM - 9:00 PM	<b>Sauna/Steam</b> 6:00 AM - 9:00 PM	<b>Sauna/Steam</b> 7:00 AM - 8:00 PM
<b>Hot Tub</b> 7:00 AM - 8:00 PM	<b>Hot Tub</b> 6:00 AM - 9:00 PM	<b>Hot Tub</b> 6:00 AM - 9:00 PM	<b>Hot Tub</b> 6:00 AM - 9:00 PM	<b>Hot Tub</b> 6:00 AM - 9:00 PM	<b>Hot Tub</b> 6:00 AM - 9:00 PM	<b>Hot Tub</b> 7:00 AM - 8:00 PM
<b>Water Slide</b> 12:00 PM - 7:30 PM	<b>Water Slide</b> 4:00 PM - 8:00 PM	<b>Water Slide</b> 12:00 PM - 7:30 PM				

## Safety Reminder

Children under 8 must be within arms reach of an adult at all times in our pool facilities.

## Maple Ridge Leisure Centre Indoor Pool

Join us at the Maple Ridge Leisure Centre indoor pool (11925 Haney Place)! There are three pools (Competition Pool, Leisure Pool & Teach pool) along with features including a lazy river, waterfall, hot tub, sauna, steamroom, cold therapy buckets and waterslide

## Sauna & Steam Room Reminders

- The Sauna & Steam Room are scent free zones. Please leave all essential oils and sprays in your locker.
- Please do not pour water on the sensors or heating units in the Sauna & Steam Room. Doing so will cause mechanical issues

