

DROP-IN

Aqua Fitness Schedule

Maple Ridge Leisure Centre
11925 Haney Place

Effective Date: March 16 - March 28

SPRING BREAK SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Deep Water 7:15 AM - 8:00 AM	Aqua Fit 8 AM - 9 AM	Aqua Fit 8 AM - 9 AM	Aqua Fit 8 AM - 9 AM	Aqua Fit 8 AM - 9 AM	Aqua Fit 8 AM - 9 AM	
	Water Wellness 11 AM - 11:45 AM	Parent + Tot 11 AM - 12 PM			Water Wellness 11 AM - 11:45 AM	
		Aqua Fit 11:45 AM - 12:45 PM	Aqua Fit 12 PM - 12:45 PM	Aqua Fit 11:45 AM - 12:45 PM		
	Aqua Zumba 7 PM - 8 PM		Aqua Fit 7 PM - 8 PM	Deep Water 7:15 PM - 8 PM		

New New Class Offering

MapleRidge.ca/DropInSchedules

Schedules are subject to change without notice



Maple Ridge