

2021 Independent Trainer Application

The City of Maple Ridge welcomes professionally affiliated Independent Trainers. All Independent Trainers and Rehab Assistants must be approved by the City of Maple Ridge to use the Maple Ridge Leisure Centre facility to work with clients.

To request approval, submit a completed application form along with copies of requested documentation to: personaltraining@mapleridge.ca (Complete applications will be reviewed within 2-3 business days)

<p>REQUIRED DOCUMENTS</p> <ul style="list-style-type: none"> ✓ Copy of liability insurance (MUST list ALL of the following: 'the City of Maple Ridge and School District 42 as "additional insured" with a Commercial General Liability \$2,000,000) ✓ Copy of City of Maple Ridge Business License ✓ Copy of all current certification documentation from recognized accredited organizations such as BCRPA, ACE, CanFitPro, First Aid, Kinesiology Degree and BC Kinesiology number ✓ COVID Safety Plan <i>*will be reviewed by City of Maple Ridge staff</i> 	<p>HOUSEKEEPING</p> <ul style="list-style-type: none"> ✓ Timeslot will be 1 hour in duration and must be booked in advance through our pre-registration system. <i>*based on availability</i> ✓ Admission must be paid upon each visit for: the Independent Trainer and their client (<i>Note: fees are subject to change annually each September.</i>) ✓ If you are training multiple clients sequentially you must book separate timeslots and book yourself and the client into each timeslot each time. You will also need to exit the facility in between time slots and re-enter. ✓ Refer to website for our cancellation policy <i>*if you or your client are sick you will be reimbursed for your session</i>
<p>GUIDELINES</p> <ul style="list-style-type: none"> ✓ Follow COVID safety plan and be able to produce plan at all times if asked. Follow COVID facility guidelines & etiquette, facility flow, hand sanitization and physical distancing. ✓ Conduct oneself in a professional manner with proper attire at all times. ✓ Refrain from soliciting business while in the facility. ✓ Turn cellular phones to silent mode. ✓ Wipe down all machines and equipment after each use with the cleaning solution provided. ✓ Refrain from dominating any piece of equipment when others are waiting. ✓ Practice safe conduct and provide safe instruction of exercises at all times. 	<p>ADDITIONAL INFORMATION</p> <ul style="list-style-type: none"> ✓ Refer public questions to facility staff. ✓ Notify facility staff of any defective equipment. ✓ In the event you or your client requires medical attention, facility staff must be contacted to provide treatment. ✓ Report any incidents to facility staff for documentation (i.e. injuries, patron complaints). ✓ Additional individuals such as case works, practicum students, and shadow trainers will not be allowed at this time. Only those booked into the timeslot will be allowed to enter the facility. ✓ PPE is mandatory for the trainer at all times <i>*except in the pool, and for your client when 6 feet physical distance cannot be kept.</i>

All Independent Trainer enquiries go to:

Sport & Fitness Team
City of Maple Ridge
personaltraining@mapleridge.ca

I HAVE READ AND UNDERSTOOD THE INDEPENDENT TRAINER GUIDELINES IN THEIR ENTIRETY AND AGREE TO ABIDE BY THESE GUIDELINES WHEN IN ANY CITY OF MAPLE RIDGE FACILITY IN THE CAPACITY OF AN INDEPEDNET TRAINER.

Name: _____ Signature: _____ Date: _____