



AGE-FRIENDLY COMMUNITY IMPLEMENTATION STRATEGY

2018

City of Maple Ridge

Seniors Engaged and Energized in Community
Implementation Plan

Provincial funding administered by Union of BC Municipalities



AgeFriendlyBC

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IMPLEMENTATION

The Age-friendly implementation plan is comprehensive and includes the goals and recommendations of the Age-friendly Action Plan endorsed by Maple Ridge Council in 2016. When possible, associated actions have been combined to provide efficiencies within the plan.

The plan is intended to guide City staff in determining future projects as part of Business Planning activities that the City may wish to consider toward implementing the strategies outlined.



ROLES

CITY LEAD

A lead City department has been identified for each strategy in the Action Plan. The lead department will be responsible for managing and initiating the implementation of the strategy, as well as ongoing administration. This may involve collecting data; liaising with identified stakeholders and partners; collating all necessary resources and reports; finalizing and administering necessary submissions to Council or government agencies; monitoring progress; and other day-to-day tasks required for implementing each strategy.

SENIORS PLANNING TABLE – SENIORS NETWORK

The Maple Ridge Pitt Meadows Katzie, Seniors Network played an essential role in the development of this plan. Going forward, the Age-friendly Task Group will report to the Municipal Advisory Committee on Accessibility and Inclusiveness, who in turn, report to Council. The Seniors Network and its members will continue to play a key role in the implementation of the Age-friendly strategies.

COMMUNITY PARTNERS

For this strategy, community partners have been identified. This is particularly important where the related tasks and responsibilities do not fall under the authority of the City, are out of the City's typical functions, or where the City lacks the resources or connections to successfully implement the strategy independently. In these cases, the City may provide a supporting or secondary role.



ABBREVIATIONS

City of Maple Ridge

	CMR
Parks, Recreation, and Culture	PRC
Operations	Ops.
Engineering	Eng.
Communications	Comm.
Information Technology	IT

City of Maple Ridge, Committees of Council

Municipal Advisory Committee on Accessibility and Inclusiveness	MACAI
Municipal Advisory Committee on Accessibility and Inclusiveness – Age-friendly Sub Committee	AFSC
Social Policy Advisory Committee	SPAC
Active Transportation Advisory Committee	ATAC

Community Agencies and Organizations

Business Improvement Association	BIA
Seniors Network, Planning Table	SN
Fraser Health	FH
Community Services	CS
Maple Ridge and Pitt Meadows School District 42	SD42
CEED Centre Society	CEED
Insurance Corporation of British Columbia	ICBC
Ridge Meadows Seniors Society	RMSS

Abbreviated Miscellaneous Words

Department	Dept.
Not Applicable	NA
Opportunity	Opp.

Seniors 55+ Population

Priority Level/Time Frame

Short Term (1 – 2 years)	Pressing issues within the community
Medium Term (3 – 6 years)	Less critical issues
Long Term (7 – 10 years)	Particularly costly or outside of the City’s mandate
Ongoing	Related to similar or existing initiative and/or policies
In Progress	Deliverables currently underway by City staff or community agencies/partners

Strategy	Associated Actions	Lead Dept/Agency	Key Partners	Budget Implications	Priority	Community Feature
Improve road safety and pedestrian safety	Research viability to reduce the speed limit along 224th	ATAC	Engineering, MACAI	Within existing staff resources	In Progress	Outdoor Spaces & Buildings
Improve cycling opportunities	Promote cycling for all ages and all abilities (Age-friendly)	ATAC	Engineering, MACAI, PRC, SN, FH	Within existing staff resources	Ongoing	Outdoor Spaces & Buildings
Improve employment and volunteer opportunities for seniors	Fund a Coordinator for the Seniors Planning table	CMR	SN, SPAC, MACAI	Funding secured (\$25,000 annual)	Completed	Civic Participation & Employment
Improve community emergency preparedness	Establish emergency response protocol to support seniors in the event of a community emergency	Emergency Services	PRC, SN, MACAI	Within existing staff resources	Short	Emergency Preparedness
Improve green spaces and walkways	Increase bench seating (with arm rests) along seniors' walking routes	Engineering	Ops, Planning, PRC, MACAI, SN	Park Gift Program and/or Engineering street furniture budget	Ongoing	Outdoor Spaces & Buildings
Improve road safety and pedestrian safety	Enhance crosswalk design and safety equipment	Engineering	MACAI	Existing funding envelope	Ongoing	Outdoor Spaces & Buildings
Improve accessibility of health services	Improve health outreach to seniors	FH	SN	Within existing partner resources	In Progress	Community Support & Health Services
Expand and strengthen community health supports available to seniors	Increase adult day programming options and hours of respite for individuals living independently.	FH	SN	Within existing staff resources - FH	In Progress	Community Support & Health Services
Improve accessibility of health services	Research improved parking for seniors at medical facilities	FH	SN, Bylaws	Within existing partner resources	Ongoing	Community Support & Health Services
Improve communication to seniors	Explore amplification equipment in city meeting rooms and senior centres	IT	PRC	Long Term Capital	Medium	Communication & Information
Improve accessibility of public buildings	Make recommendations for improve weather response services for seniors	MACAI	Ops, By-laws, PRC, Communications Dept.	Within existing staff resources	In Progress	Outdoor Spaces & Buildings

Strategy	Associated Actions	Lead Dept/Agency	Key Partners	Budget Implications	Priority	Community Feature
Improve parking and accessibility	Research best practices for accessible parking stalls (locations and design)	MACAI	Engineering, Bylaws, SN	Within existing staff resources	In Progress	Transportation
Improve local and regional transportation services for local seniors	Advocate for improved age-friendly Translink & HandyDart services	MACAI	CMR Council, Engineering, PRC, SN	Within existing staff/partner resources	Ongoing	Transportation
Encourage senior specific housing development within the city limits	Create opportunities for building and development incentives	Planning	Finance, MACAI, SPAC, SN, FH	As per Housing Action Plan	In Progress	Housing
Encourage senior specific housing development within the city limits	Implement recommendations as outlined in the City endorsed Housing Action Plan	Planning	SPAC, MACAI, SN	As per Housing Action Plan	Ongoing	Housing
Involve local seniors in assessing and planning for new housing developments	Ensure local seniors' housing needs are represented	Planning	MACAI, SPAC, SN	Within existing staff resources	Ongoing	Housing
Improve accessibility of public buildings	Improve visibility of wayfinding signage, for lifecycle replacement and new development.	PRC	Engineering, Economic Development, Communication Dept., SN	Within existing funding envelope	In Progress	Outdoor Spaces & Buildings
Improve green spaces and walkways	Improve walking access to waterfront areas	PRC	Ops, Engineering, MACAI	TBD	Long	Outdoor Spaces & Buildings
Improve accessibility of community events and festivals	Create educational material that promotes age-friendly community events	PRC	MACAI, SN, FH	Within existing staff resources	Medium	Social Participation
Improve employment and volunteer opportunities for seniors	Ensure senior representation on Committees of Council	PRC	MACAI, SPAC, ATAC	Within existing staff resources	Ongoing	Civic Participation & Employment
Expand outdoor recreation for seniors	Develop, implement and evaluate park-based services and programs targeting seniors	PRC	SN, MACAI, FH	Within existing staff resources	Ongoing	Outdoor Spaces & Buildings

Strategy	Associated Actions	Lead Dept/Agency	Key Partners	Budget Implications	Priority	Community Feature
Improve green spaces and walkways	Create additional adequate and safe green spaces throughout the community, specifically in central Maple Ridge	PRC	MACAI, SN, FH	Existing funding envelope	Ongoing	Outdoor Spaces & Buildings
Improve green spaces and walkways	Create additional off-leash dog areas for small dogs within central Maple Ridge	PRC	Parks, MACAI, SN	Long Term Capital	Ongoing	Outdoor Spaces & Buildings
Increase older adult use of recreation facilities and programs	Promote recreation subsidies to older adults	PRC	RMSS, CN, SN	Within existing staff/partner resources	Ongoing	Respect & Inclusion
Improve road safety and pedestrian safety	Provide opportunities for seniors, City staff and stakeholders to provide feedback for improved road and pedestrian safety	PRC/ATAC	Engineering, Planning, Ops, SN, MACAI	Within existing staff resources	Ongoing	Outdoor Spaces & Buildings
Expand recreational opportunities for low-income seniors	Prioritize the importance of planning, programming, and implementing leisure and recreational services for seniors	RMSS	SN, CS, PRC	Within existing staff resources - RMSS	In Progress	Social Participation
Increase opportunities for connection between generations	Engage seniors in intergenerational social, learning and recreational opportunities	RMSS	PRC, CS, CEED	Within existing partner resources	Ongoing	Respect & Inclusion
Expand recreational opportunities for low-income seniors	Create new social and recreational programs for low-income seniors	RMSS	SN, CS, PRC	Within existing partner resources	Ongoing	Social Participation
Improve employment and volunteer opportunities for seniors	Promote volunteer opportunities for older adults	RMSS	PRC, CS	Within existing partner resources	Short	Civic Participation & Employment
Improve road safety and pedestrian safety	Provide public education workshops focusing on pedestrian safety	RMSS	PRC, Engineering, Ops, Planning, SN	Within existing partner resources	Short	Outdoor Spaces & Buildings
Improve continuing education opportunities	Research best practices for elder education	SN	PRC, CEED, FH	Within existing staff resources	Medium	Respect & Inclusion

Strategy	Associated Actions	Lead Dept/Agency	Key Partners	Budget Implications	Priority	Community Feature
Expand and strengthen community health supports available to seniors	Improve non-medical outreach to seniors in the community.	SN		Existing grant funding	In Progress	Community Support & Health Services
Expand and strengthen community health supports available to seniors	Create and support a Dementia Friendly Communities Project.	SN	CMR, AFSC, CEED Centre, Alzheimer's Society	CMR Community Grant funding secured (\$20,000)	In Progress	Community Support & Health Services
Improve local accessible group transportation	Research opportunities to improve/provide accessible group outing transportation	SN	MACAI, FH	UBCM Grant Funding (\$15,000 rec'd)	In Progress	Transportation
Improve local and regional transportation services for local seniors	Nominate/support senior representative for the regional transportation board	SN	MACAI, SPAC	Within existing staff resources	In Progress	Transportation
Improve communication to seniors	Map community services and programs	SN	IT, SN, MACAI, PRC	Dependent on grant funding	Medium	Communication & Information
Improve community emergency preparedness	Work with seniors rental complex building managers to establish building emergency planning programs	SN	Emergency Preparedness, Fire, RCMP, MACAI, PRC	Dependent on grant funding	Medium	Emergency Preparedness
Support seniors aging in place in a healthy and inclusive community	Develop a seniors housing referral service	SN		Dependent on grant funding	Medium	Housing
Improve communication to seniors	Create opportunities to use a variety of communication modes for seniors	SN	Fraser Valley Library, Division of Family Practice	Within existing partner resources	Ongoing	Communication & Information
Improve communication to seniors	Support, review and create a sustainable model for the printing and distribution of the Seniors Resource Guide	SN	PRC, Communications, Division of Family Practice, MR News	Within existing staff resources	Ongoing	Communication & Information
Improve communication to seniors	Provide local resource information	SN	PRC	Within existing staffing resources	Ongoing	Communication & Information

Strategy	Associated Actions	Lead Dept/Agency	Key Partners	Budget Implications	Priority	Community Feature
Expand and strengthen community health supports available to seniors	Support building managers of seniors' rental complexes	SN	SPAC, MACAI, Housing Planning Table	Within existing partner resources	Ongoing	Community Support & Health Services
Improve accessibility of health services	Explore alternative transportation opportunities to specialist appointments within and outside of the community	SN		Within existing partner resources	Ongoing	Community Support & Health Services
Improve community emergency preparedness	Offer emergency preparedness education	SN	Emergency Preparedness, Fire, RCMP, PRC, MACAI	Grant funding received - New Horizons Federal funding	Ongoing	Emergency Preparedness
Improve green spaces and walkways	Identify senior friendly walking routes	SN	Engineering, Ops, Economic Development, PRC, MACAI, FH	Within existing staff resources	Ongoing	Outdoor Spaces & Buildings
Improve local and regional transportation services for local seniors	Advocate for improved taxi services for seniors	SN	FH, MACAI	Within existing partner resources	Ongoing	Transportation
Improve community supports for seniors' dental care	Advocate for improved access to affordable dental services for seniors	SN	FH, BC Dental Association	Dependent on grant funding	Short	Community Support & Health Services
Support seniors aging in place in a healthy and inclusive community	Advocate for improved non-medical home supports for seniors living in the community	SN	PRC, Seniors Housing Planning Table (if established)	Within existing partner resources	Short	Housing
Support seniors aging in place in a healthy and inclusive community	Increase awareness of personal safety programs for seniors	SN	RMSS	Existing funding envelope (SN/RMSS)	Short	Housing
Improve green spaces and walkways	Improve access to public washrooms within the downtown core area	SN	Economic Development, BIA, PRC	Within existing staff resources	Short	Outdoor Spaces & Buildings

Strategy	Associated Actions	Lead Dept/Agency	Key Partners	Budget Implications	Priority	Community Feature
Improve accessibility of public buildings	Promote the importance of accessible and inclusive shopping opportunities for seniors	SN	MACAI, PRC, Building Dept., BIA	Within existing staffing resources	Short	Outdoor Spaces & Buildings
Improve accessibility and inclusiveness of local businesses and services	Develop a program recognizing and encouraging age-friendly shopping and services	SN	PRC, Economic Development, MACAI, BIA	Dependent on grant funding	Short	Respect & Inclusion
Involve local seniors in assessing and planning for new housing developments	Advocate for increased housing subsidies	SPAC	MACAI,SN, PMSS, CS, CMR Council	Within existing staffing resources	Completed	Housing
Improve employment and volunteer opportunities for seniors	Promote employment for older adults	WorkBC		Within existing staff resources (WorkBC)	Ongoing	Civic Participation & Employment