Maple Ridge YOUTH DEVELOPMENT WHEEL



Have you ever wished you had a guidebook for teenagers and young adults?

The City of Maple Ridge, with support community partners, has created a Youth Development Wheel to outline the windows of typical physical, social and psychological development. The Wheel is a valuable resource for parents, caregivers, teachers and service providers.

PRINT INSTRUCTIONS:

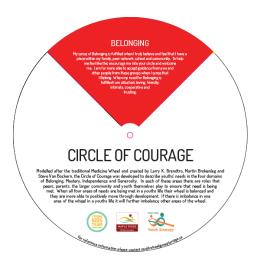
Note: the wheel works best on thicker paper or card stock.

- 1. Print pages 1 and 2 double-sided and cut into circle
- 2. Print page 3 (dark blue circle) single-sided and cut out the shape
- 3. Print page 4 (white) single-sided and cut out the shape
- 4. Place page 3 over page 1 (ages and stages) and page 4 on the opposite side, over page 2 (circle of courage)
- 5. Attach the three pages together through the centre hole with a brass fastener

Here's what it should look like:

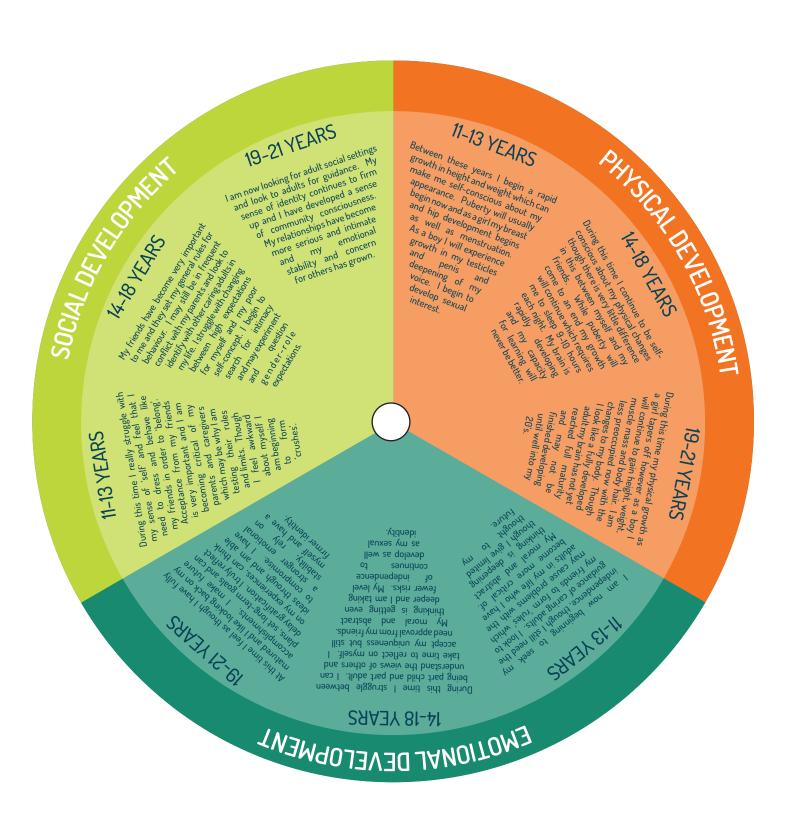


Side 1 (Ages and Stages) page 1 base, page 3 cover



Side 2 (Circle of Courage) page 2 base, page 4 cover

Page 1 (Ages & Stages base layer)



Page 2 (Circle of Courage base layer)

BELONGING

My sense of Belonging is fulfilled when I truly believe and feel that I have a place within my family, peer network, school and community. To help me feel like this encourage me into your circle and welcome me. I am far more able to accept guidance from you and other people from these groups when I sense that I Belong. When my need for Belonging is fulfilled I am attached, loving, friendly, intimate, cooperative and

trusting.

competent and

need for Mastery is fulfilled I am a high achiever, successful, creative, motivated, persistent

My sense of Mastery is fulfilled through opportunities to build my competence. To help me build my Mastery offer me opportunities to take on new tasks and let me succeed through my own trial and error. Whenever I Master a new skill I feel motivated to achieve more and am proud of the social praise and inner satisfaction I receive. When my

GENEROSI

My sense of Generosity is fulfilled when I am able to put the needs of others

INDEPENDENCE

disciplined and I have inner control. confident, assertive, responsible, self-Independence is fulfilled I am a leader, autonomous, onf problems and choose for myself. When my need for slowly offer me opportunities to make my own decisions, work people who care for and about me. To help me build my independence My sense of Independence is fulfilled first by learning to be dependent on the

Page 3 (Ages & Stages cover layer)



Page 4 (Circle of Courage cover layer)

CIRCLE OF COURAGE

Modelled after the traditional Medicine Wheel and created by Larry K. Brendtro, Martin Brokenleg and Steve Van Bockern, the Circle of Courage was developed to describe youths' needs in the four domains of Belonging, Mastery, Independence and Generosity. In each of these areas there are roles that peers, parents, the larger community and youth themselves play to ensure that need is being met. When all four areas of needs are being met in a youths life their wheel is balanced and they are more able to positively move through development. If there is imbalance in one area of the wheel in a youths life it will further imbalance other areas of the wheel.







For reference information please contact youthwheel@mapleridge.ca