

Gymnasium Schedules

April, May & June 2012

Maple Ridge Leisure Centre

Maple Ridge Leisure Centre
 11925 Haney Place
 Maple Ridge, BC 604-467-7322

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent & Child Playtime 0-5yrs 9:30 – 11:30am \$1 admission/child		Parent & Child Playtime 0-5yrs 9:30 – 11:30am \$1 admission/child		Parent & Child Playtime 0-5yrs 9:30 – 11:30am \$1 admission/child	
Open Gym 19yrs+ 12 – 2:30pm			Basketball 19yrs+ 12 noon – 1pm	Badminton 19yrs+ 12 noon – 1pm	
	Open Gym 19yrs+ 1 – 2:30pm	Open Gym 19yrs+ 1 – 2:30pm	Open Gym 19yrs+ 1 – 2:30pm	Open Gym 19yrs+ 1 – 2:30pm	
Youth Gym 13-18yrs 3 – 5pm	Youth Gym 13-18yrs 3 – 5pm ½ gym	Youth Gym 13-18yrs 3 – 5pm	Youth Gym 13-18yrs 3 – 5pm	Youth Gym 13-18yrs 3 – 5pm	
					Youth Drop-In Gym 13-18yrs 6:30 – 9:30pm
Soccer 16yrs + 8:30 – 10pm	Basketball 16+yrs 8:30 – 10pm ½ gym	Volleyball 16yrs+ 8:30 – 10pm ½ gym	Soccer 16yrs + 8:30 – 10pm	Adult Basketball 19+yrs 8 – 10pm	Youth Drop-In Gym 13-18yrs 7:30 – 10pm

Schedule is subject to change.

Gymnasium Information

Gym Supervision

Adult programs are unsupervised and require participant responsibility. Participants are required to do your own equipment set-up and also clean-up. Please return equipment in a considerate & timely manner for the next gym program. Children/youth are only permitted during supervised drop-in sessions.

Gym Etiquette:

- Play with Respect for fellow players and keep yourself and others safe.
- Wear appropriate sports/athletic clothing and gym shoes. Items should be clean and free of debris. Street shoes, boots, sandals, flip flops or any open toe shoes are NOT permitted.
- Respect that we recommend a fragrance free environment, but also respect your basic personal hygiene.
- No food permitted in the gymnasium.

Equipment:

- Some sports require additional safety equipment ie: hockey gloves, jocks or jills, shin pads, etc. Please ensure you are aware and provide these items. We do not supply these.
- We offer the space for the sports, but most sessions require you to bring your own equipment to play with. See activity below.
- Bring your own Water bottles. Please take away & recycle all water/sport bottles.



Dates to Remember:

- Kids Gym Closed during school holiday breaks. Apr 6, 9, 26, May 21, 22. Last day of program is June 27. Re-starts Sept 5, 2012.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Child Playtime 0-5yrs 10 -11:30am \$1 admission/child		Parent & Child Playtime 0-5yrs 10 -11:30am \$1 admission/child				
Pickle Ball 19yrs+ 12 – 2pm ½ gym	Open Gym 19+yrs 12 – 1pm ½ gym	Open Gym 19+yrs 12 – 1pm ½ gym	Open Gym 19+yrs 12 – 1pm ½ gym	Open Gym 19+yrs 12 – 1pm ½ gym		
Kids Gym 7-12yrs 2:15 – 5pm	Kids Gym 7-12yrs 2:15 – 5pm	Kids Gym 7-12yrs 2:15 – 5pm	Kids Gym 7-12yrs 2:15 – 5pm	Kids Gym 7-12yrs 2:15 – 5pm	Pickle Ball 19yrs+ 1 -4pm	Family Open Gym 2:30 – 4pm ½ gym
					Family Badminton 4 – 6pm	Family Badminton 3:15 - 6pm
		Starting April 18 th Youth Drop-in 13 – 18yrs 6:30 – 7:30pm \$2/youth		Men's Ball Hockey 19+yrs 5:30-7:30pm Pre-Registered Limited drop in space		Basketball 16+yrs 6-8pm
Volleyball 19+yrs 7:30 – 9:30pm Advanced / Competitive	Men's Ball Hockey 19+yrs 7:45-9:30pm	Volleyball 16+yrs 8 – 9:30pm All Levels / Recreational New Time Starts April 18 th 7:30 – 9:30pm	Men's Ball Hockey 35+yrs 8 - 9:30pm Pre-Registered Limited drop in space	Youth Drop-In 13-18yrs 7:30 – 9:30pm \$2/youth	Youth Drop-In 13-18yrs 7:30 – 9:30pm \$2/youth	

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Drop-In Programs Badminton

Participants required to set-up poles/nets & return equipment to storage room at end of session. Bring own racquet and birdies to play. Participants expected to allow other people to join in and rotate courts if sessions are busy. Children must be supervised by an adult.

Ball Hockey 19yrs+

Equipment Required: shin guards, hockey/lacrosse gloves, No wood hockey sticks - composite/plastic blades only. No tape on blades. Please bring a white and black t-shirt for teams. Optional – mouth guard, jock/jill. Please note: Men's Ball Hockey requires pre-registration, Tues / Fri is 19yrs+, Thurs is for 35yrs+. Drop-in space is limited, but not guaranteed.

Basketball 19yrs+ (Wrist Band required during peak months)

Max 30 Players. Bring your own ball. Session is run by participants organizing into 6 teams for Kings Court Style Games. Game is winner to first 10 points. If session is not full, we may occasionally permit youth 16yrs+ to play. See staff for permission.

Family Gym (2-13yrs) Parent participation required

Be active together. Parents participate and supervise their kids, play badminton, soccer, basketball or ball hockey (only cosom plastic sticks provided, no goalie equipment). Some preschool climbers, slides and mats available. Please clean-up at end of session.

Kids Gym (7-12yrs) @ Pitt Meadows Family Rec. Centre

Meet your friends at the gym and have fun with the Program Leaders while playing active sports & games for Kids. No Adults allowed during this program. Kids gym will be cancelled on all district wide school closures and statutory holidays. For more info call: 604-466-4339.

Open/Multi-Sport 19yrs+

Practice your jump shot, serving at volleyball, play a game of 1-1 basketball, or set up a net and play badminton or pickleball.

Parent & Child Playtime (0-5yrs)

A gym-play-based program with parents/caregivers/daycare provider participation. Preschool climbers, ride-on's, balls & mats are available to crawl, run & jump. Parents are required to supervise their own children and put equipment away. \$1 admission rate per child. For more info call: 604-466-4339.

Pickleball

A court game that is a cross between tennis, badminton and ping-pong. Pickleball uses the badminton court and participants must set-up & take down the nets/poles. Bring your own paddle & ball.

Soccer Co-ed 16yrs+

An indoor soccer game for the intermediate/advanced player. Join us for a round robin or kings court style of tournament games. Its recommended you register your spot, drop-in pace is limited. Sign in is 30 minutes before game time with gym staff. Max 28 players.

Volleyball (Wrist Band required during peak months)

Intermediate/Advanced (19+yrs) - Monday is for the skilled players wanting a more advanced & fast paced game. Players expected to stay the full session. Please check in with the Volleyball leader for rules of play & etiquette. Maximum 36 players.

Recreational (16+yrs) - Wednesday is an open session for all level of players, but the game is less intense and more casual. Beginners welcome. Maximum 36 players.

Youth Drop-in Gym (13-18yrs)

The place to be active with other youth for a game of basketball, ball hockey, badminton or soccer. Recruiting volunteer sports leaders for the Leisure Centre. Call 604-467-7489. Drop-in at PM Family Recreation Centre only - sign in at the front desk.

For more information or comments on drop-in sports contact Jackie at 604-467-7489 or email at jsenchyna@mapleridge.ca

Please note all schedules are subject to change.