

BICYCLE/BMX TIPS & RESOURCES



In 1994 the District of Maple Ridge and the City of Pitt Meadows commissioned a Bikeways Plan and as a result the Bicycle Advisory Committee made up of community, staff and council members was formed by. They continue to consider values such as partnerships, safety, quality of life, forward thinking, positive forces for change and environmentally sustainable communities. The Committee has a Mission Statement that commits to being recognized as a bicycle-friendly community; one that promotes cycling as a recreation sport, and viable mode of transportation. Since 1994, many aspects of the Bikeways Plan have been implemented. Opportunities through development and partnership funding have added numerous on and off street bikeways and trails.

Transportation focus throughout the Province is on providing safe alternate routes to highways. In Maple Ridge and Pitt Meadows, several parallel routes are available to those heavily traveled by vehicle. By closing several gaps we will be able to provide routes for commuting, shopping and recreation. Information on mapping and events is readily available on-line through our websites and when combined with the broader transportation routes and bike-rack system, the entire Lower Mainland is opening to safe and sustainable bicycle transportation.

Tune up your bike and take it for a ride! Plan to cycle around Maple Ridge and Pitt Meadows for errands and exercise? Increased cycling benefits communities by reducing greenhouse gas emissions and improving air quality for everyone. Even better, riding a bike to and from work locally, to the store, to visit friends or just for the fun of it will:

- save on gas money
- promote fitness
- provide a slower paced, more relaxed lifestyle

Visibility + Predictability = Safety for our Cyclists

Be Seen:

- always use a headlight and rear light between dusk and dawn - it's the law
- reflectors on rear fenders, shoes and clothing stands out
- wear bright coloured clothing... especially after dark

Do the Expected:

- ride in a straight line one metre from the right hand side of the road
- never weave in and out of traffic or take short-cuts
- always signal your intention to stop, slow or turn

Helmets: In British Columbia it is mandatory for all cyclists (operators and passengers) to wear an approved safety helmet.

Need a refresher on cycling safety?

**Safer
City**

Making road safety a priority

**Call Ruby Tam, Safer City
Coordinator at 604-467-7465 or
email rtam@mapleridge.ca
to request a copy of
Bike Sense, a handy listing
of all the rules of the road.**

BMX: The Ridge Meadows BMX track is proud to be sanctioned by the CCA. We are a 100% Canadian nonprofit society organized and run by volunteers. We are dedicated to providing children and adults within the Lower Mainland area a high-quality level of local, provincial and national sport involvement.

BMX racing is an extreme sport that can be enjoyed by the entire family.

In BMX, every rider gets to participate and compete. No one sits on the bench and no one gets cut from the team. The friendly and supportive environment builds individual character and confidence through healthy competition and cooperation among the riders.

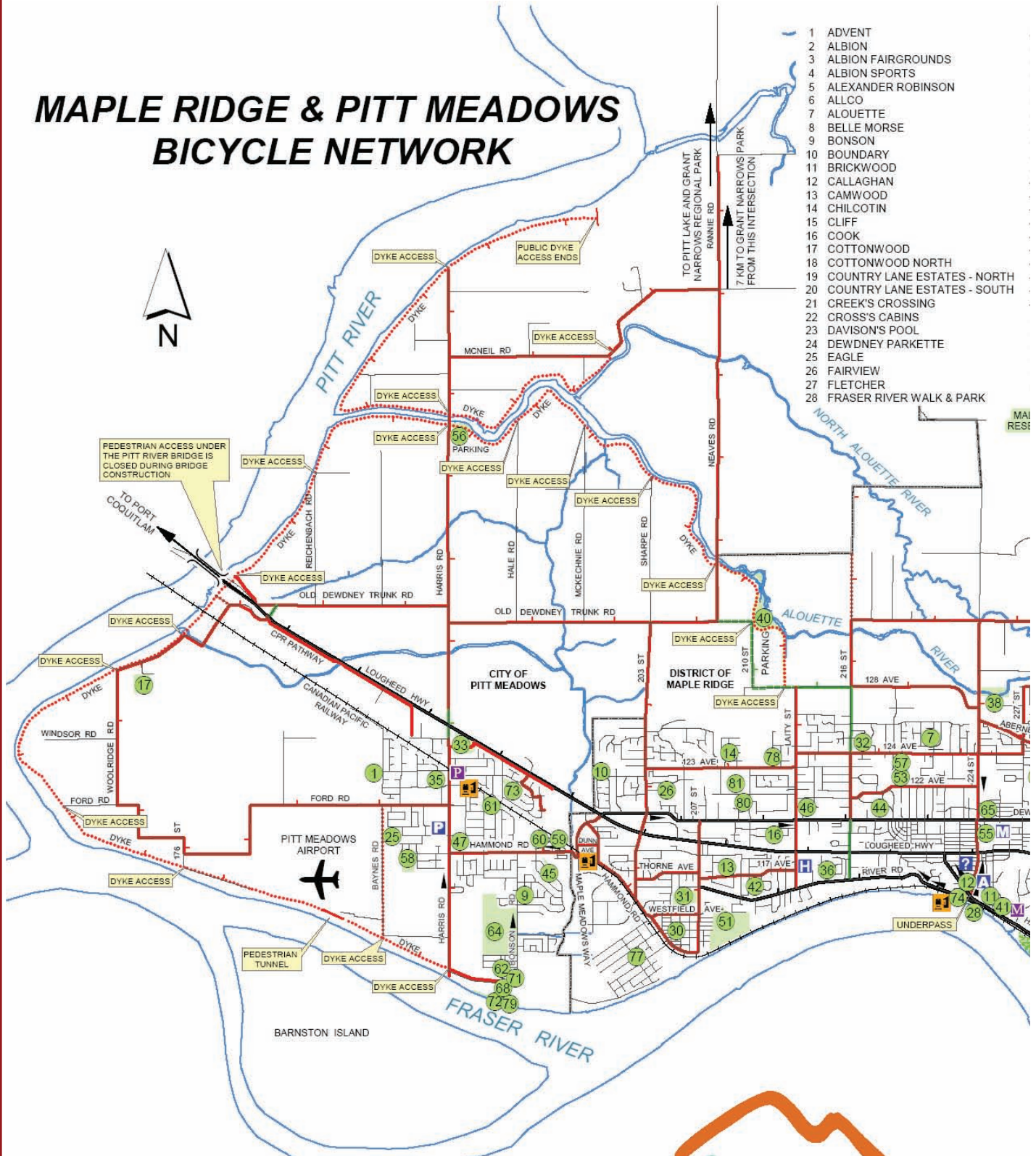
Whether you race or watch, whether you've been to the BMX track before or this is your first time, you will love the action, the competition, the family atmosphere. Safety gear is required for riders at all times. The gate will not drop if any required safety gear is missing, eg., gloves, long-sleeves, etc.

www.ridgemeanowsbmx.com



BICYCLE NETWORK

MAPLE RIDGE & PITT MEADOWS BICYCLE NETWORK



- 1 ADVENT
- 2 ALBION
- 3 ALBION FAIRGROUNDS
- 4 ALBION SPORTS
- 5 ALEXANDER ROBINSON
- 6 ALLCO
- 7 ALOUETTE
- 8 BELLE MORSE
- 9 BONSON
- 10 BOUNDARY
- 11 BRICKWOOD
- 12 CALLAGHAN
- 13 CAMWOOD
- 14 CHILCOTIN
- 15 CLIFF
- 16 COOK
- 17 COTTONWOOD
- 18 COTTONWOOD NORTH
- 19 COUNTRY LANE ESTATES - NORTH
- 20 COUNTRY LANE ESTATES - SOUTH
- 21 CREEK'S CROSSING
- 22 CROSS'S CABINS
- 23 DAVIDSON'S POOL
- 24 DEWDNEY PARKETTE
- 25 EAGLE
- 26 FAIRVIEW
- 27 FLETCHER
- 28 FRASER RIVER WALK & PARK

PEDESTRIAN ACCESS UNDER THE PITT RIVER BRIDGE IS CLOSED DURING BRIDGE CONSTRUCTION

WELCOME TO MAPLE RIDGE AND PITT MEADOWS, THE CYCLING CAPITALS OF B.C.I. PROFESSIONAL RACERS AND CYCLING ENTHUSIASTS HAVE BEEN COMING HERE FOR YEARS, FOR SOME OF THE BEST CYCLING IN THE LOWER MAINLAND. BUT YOU DON'T HAVE TO BE AN EXPERIENCED CYCLIST TO ENJOY OUR TREMENDOUS CYCLING OPPORTUNITIES. YOU'LL LOVE OUR NETWORK OF QUIET, WELL-PAVED ROADS, SCENIC DYKES AND SPECTACULAR PARKS. ACCESSIBLE FROM ANYWHERE IN PITT MEADOWS AND MAPLE RIDGE. HAVE A GREAT RIDE!



Please send any comments about this map to MapFeedback@mapleridge.org.
 FILE: g:\engineering\Projects\Web Maps\Bike Routes\Bike routes 17.mxd
 Apr 16, 2008

Please Note: Dyke trails may not be accessible during high water events or during maintenance periods. When taking your pet to parks and on trails and dykes, please use a leash and clean up droppings.

6 PARKS

- | | |
|-----------------------------------|--------------------------------|
| 29 GOLDEN EARS PROVINCIAL PARK | 56 MENZIE'S CROSSING |
| 30 HAMMOND | 57 MERKLEY |
| 31 HAMMOND STADIUM | 58 MITCHELL ROAD |
| 32 HAMPTON | 59 MORNINGSIDE EAST |
| 33 HARRIS | 60 MORNINGSIDE WEST |
| 34 HARRY HOOGE | 61 NORTH BONSON |
| 35 HOFFMANN | 62 NORTH COMMONS |
| 36 HOLLY | 63 PIONEER |
| 37 HOMESTEAD | 64 PITT MEADOWS ATHLETIC |
| 38 HORSEMAN'S | 65 REG FRANKLIN |
| 39 HORSESHOE CREEK | 66 RIEBOLDT |
| 40 JERRY SULINA | 67 ROTARY SPORT FIELD |
| 41 JIM HADGKISS | 68 ROUNDABOUT |
| 42 JORDAN | 69 RUSKIN |
| 43 KANAKA CREEK REGIONAL PARK | 70 SELVEY |
| 44 KIN | 71 SHINGLEBOLT |
| 45 LINDEN GROVE | 72 SHORELINE |
| 46 LION'S | 73 SOMERSET |
| 47 LIONS FUN | 74 STOREY GREEN |
| 48 MALCOLM KNAPP RESEARCH FOREST | 75 TELOSKY/THOMAS HANEY CENTER |
| 49 MAPLE RIDGE | 76 THORNHILL |
| 50 MAPLE RIDGE CAMPSITE | 77 TOLMIE |
| 51 MAPLE RIDGE GOLF COURSE | 78 VOLKER |
| 52 MAPLE RIDGE LAWN BOWLING | 79 WATERFRONT COMMONS |
| 53 MAPLE RIDGE SEC. RUNNING TRACK | 80 WESTVIEW |
| 54 MAPLE RIDGE UPPER | 81 WESTVIEW SEC. SPORT FIELD |
| 55 MEMORIAL PEACE | 82 WHONNOCK LAKE |

